

Quick Referral Guide

Integrated Substance Use Disorder Programs:

- Addiction and Co-Occurring Disorders
- Detox
- Residential
- Partial Hospitalization (PHP)
- Supportive Housing
- Intensive Outpatient (IOP)
- Outpatient Psychiatric
- Group, Individual, & Family Therapy
- Alumni & Family Long-Term Support
- Multi-Disciplinary Medical & Clinical Team
- In-Person and Telehealth Options



How to Make a Referral:

1. Call **844.776.9651**
2. Provide patient demographic information, substance use, psychiatric and medical history. Provide insurance information.

Next Steps:

1. A Sanford admissions specialist will verify the insurance and collect any clinical information needed to deliver an estimate of costs and recommended placement.
2. An admissions specialist will guide the patient and family through the admissions process; our multi-disciplinary team uses comprehensive assessments to ensure proper diagnosis and individualized treatment plans.

Referrals and Admissions 844.776.9651

fax: 616.279.3955

info@sanfordhouse.com

Sanford Behavioral Health Guiding Principles:

- Medical services include 24 hour/day support for all residential programs. All levels of care include on-site supervision by medical physicians with specialties in psychiatry and/or addictionology, advance practice providers, registered nurses and registered dietitians.
- We provide a full physical examination and assessment upon admission to a Sanford treatment facility. We also provide ongoing monitoring of vitals and physiological symptoms, recommend and/or treat co-occurring physiological and psychological symptoms associated with the primary diagnosis, and manage medications.
- Sanford is licensed by the State of Michigan and accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).
- We offer person-centered, sophisticated and evidence-based treatment modalities. Our approaches include: Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Emotion Focused Family Therapy, Trauma Focused Cognitive Behavioral Therapy, Motivational Interviewing, Family-based treatment, Psycho-education, Acceptance and Commitment Therapy, Seeking Safety, and many more.
- We involve family in the treatment and recovery experience. And The Family Program is designed to educate, provide resources, and build long-term community and communication.
- Our newest facility, **Sanford West Behavioral Health Campus**, is situated on 18 acres and enhances and compliments the existing services at Sanford Behavioral Health. Sanford West is well positioned to treat patients with acute conditions using an integrated approach to addiction and co-occurring disorders, eating disorders, mental health and medical conditions.

Sanford House at John Street for Men is designed specifically for men in recovery. The residential programs create an atmosphere of camaraderie and trust. Clinicians are experts in treatment the disease of addiction, tailoring treatment to the strengths and preferences of each patient. Our full continuum of care includes medical detox and medication-assisted treatment.



Sanford House at Cherry Street for Women offers residential programs to women with addiction and co-occurring disorders. We are located in a historic home in the heart of West Michigan. Sanford House at Cherry Street offers its residents hope, support and acceptance. Our clinicians offer specialized care and follow a program that accentuates each woman's inherent values and strengths.



Sanford West Addiction Treatment offers gender specific residential programs for addiction and co-occurring disorders. Sanford West Campus is located 12 minutes from Grand Rapids in Marne, Michigan providing a full continuum of care on-site with our Detox Center, residential and outpatient programs available. We create a consistent system of treatment that guides patients through all levels of treatment intensity. And we have created myriad opportunities for our patients to stay connected and supported. Our outpatient groups, support and alumni groups and telehealth options are available and convenient.



Sanford Behavioral Health

15146 16th Avenue

Marne, Michigan 49435

Addiction. Eating Disorders. Mental Health

Greater Grand Rapids, Michigan & Beyond

SanfordBehavioralHealth.com