

Michigan Apple Snack Tips



Fun and nutritious tips for adding Michigan Apples to your snacks!

- ▶ Mix up a quick fruit salad with 1 chopped Michigan Apple, a small can of drained mandarin oranges, a sliced banana and top with toasted coconut.
- ▶ Spread Michigan Apple slices with peanut butter then dip in your favorite cereal.
- ▶ Add a finely chopped Michigan Apple to a jar of prepared salsa. Serve with whole grain tortilla chips.
- ▶ Top your scoop of low-fat vanilla ice cream or frozen yogurt with Michigan Apple slices and 1-2 tbsp. of caramel topping or just a dash of cinnamon.
- ▶ Serve Michigan Apple wedges with 2 tbsp. of peanut butter or vanilla yogurt.

