

Michigan Apple Breakfast Tips



Quick and tasty ideas for adding Michigan Apples to your breakfast

- ▶ Make an apple parfait by layering chopped Michigan Apples, plain or flavored yogurt and low-fat cinnamon granola in a glass.
- ▶ Add a chopped Michigan Apple to a box of quick bread mix.
- ▶ Top a bowl of cooked whole oats with ½ Michigan Apple, diced; 1 tbsp. chopped pecans; 1 tbsp. raisins and 2 tbsp. brown sugar.
- ▶ Top whole grain French toast with unsweetened Michigan Applesauce and sprinkle with cinnamon sugar.
- ▶ Add ½ cup Michigan Applesauce and ½ tbsp. cinnamon to your pancake batter before cooking.

