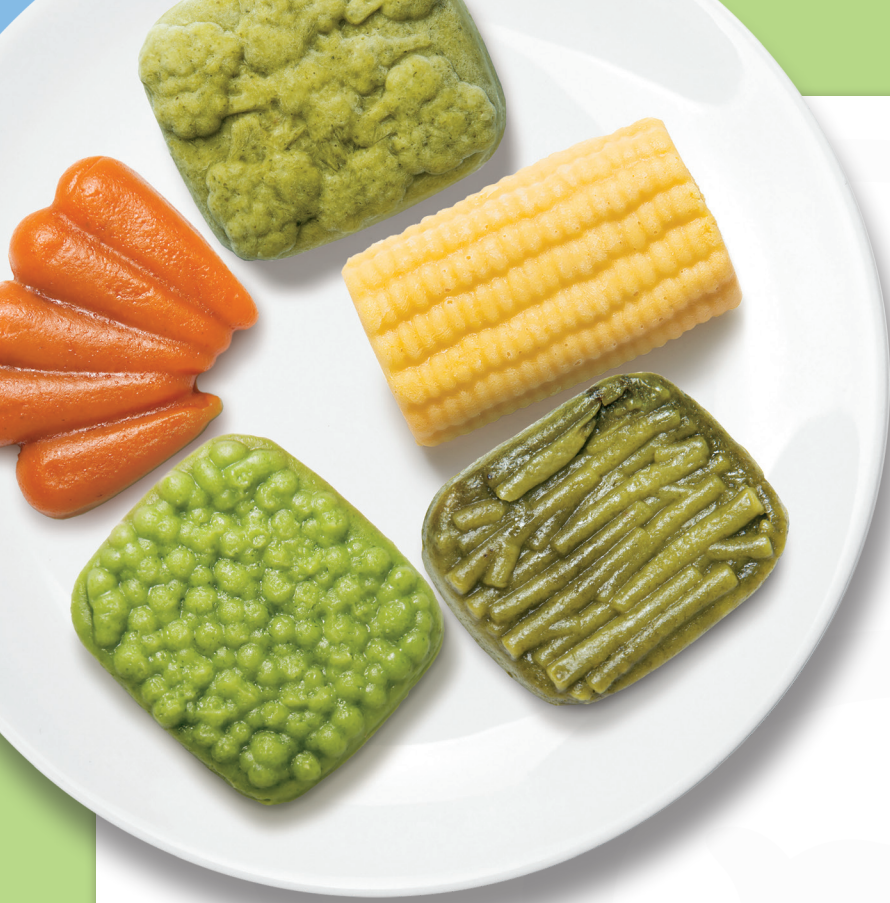


Café puree®

The best tasting and most extensive line of shaped and formed purees available. • Our line of single serve puree products are designed to provide your facility maximum versatility, ease of use and reduced labor. Simply put, they are the easiest to prepare and serve. • Café Puree is the first puree product line designed to be microwaveable but they can also be prepared via conventional oven, steamer, or stove top and also work great in retherm systems.

Made with real food! No hidden MSG, egg fillers or mechanically separated meat. We use great ingredients & have developed visually appealing shapes to create a range of appetizing purees which delivers the look, the taste and the aroma to maximize patient consumption!

The bold new shape of purees.™



Puree Vegetables

- Corn on the Cob 24 - 3.2 ounce servings
- Garden Broccoli 24 - 3.2 ounce servings
- Glazed Carrots 24 - 3.2 ounce servings
- Green Beans 24 - 3.2 ounce servings
- Seasoned Peas 24 - 3.2 ounce servings
- Sweet Potato 12 - 3.2 ounce servings
- Vegetable Variety Pack
24 - 3.2 oz. portions: 4 portions of green beans, corn, peas, broccoli. 8 portions of carrots.

Puree Meats

- Roasted Turkey 24 - 3 ounce servings
- Country Style Pork
24 - 3 ounce servings
- Baked Ham 24 - 3 ounce servings
- Herbed Fish Fillet 24 - 3 ounce servings
- Savory Roast Beef 24 - 3 ounce servings
- Southern Style Chicken
24 - 3 ounce servings
- Beef Patty 24 - 3 ounce servings
- Meat Variety Pack
24 - 3 oz. portions: 4 portions of ham, pork, fish, and roast beef. 8 portions of chicken.



Puree Desserts

- Apple Cobbler 24 - 3 ounce servings
- Strawberry Shortcake
24 - 3 ounce servings

Puree Breakfast

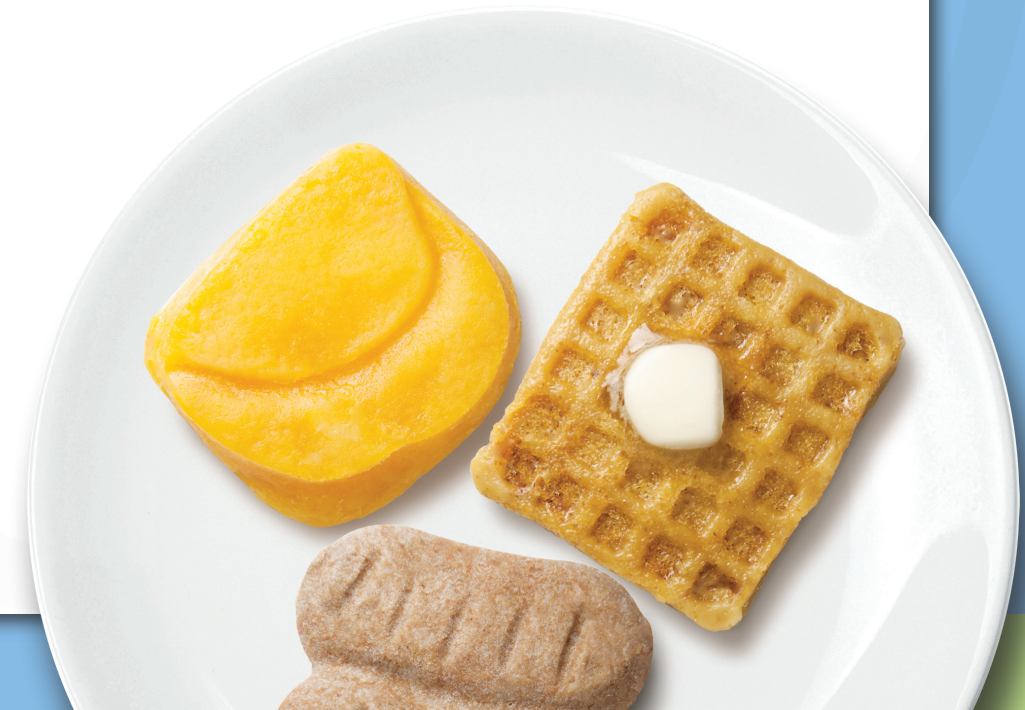
- Scrambled Egg 24 - 3 ounce servings
- Sausage Link 24 - 3 ounce servings
- Bacon Strips 24 - 3 ounce servings
- French Toast 24 - 3 ounce servings
- Waffle 24 - 2.5 ounce servings
- Pancake 24 - 2.5 ounce servings
- Egg & Cheese Omelet 24 - 3 ounce servings
- Raisin Bran 12 - 3 ounce servings
- Corn Flakes 12 - 3 ounce servings
- Breakfast Variety Pack
24 - 3 oz. portions: 6 portions of bacon strips, sausage links. 12 portions of egg.
- Breakfast Bread Variety Pack
6 - 2.5 oz. portions: Pancake and Waffle.
6 - 3 oz. portions: Maple Cinnamon French Toast and Homestyle Bread.
- Cereal Variety Pack
24 - 3 oz. portions: 12 portions of Corn Flake.
12 portions of Raisin Bran.

Puree Fruits

- Pineapple 24 - 2.5 ounce servings
- Mixed Berries 24 - 2.5 ounce servings
- Sliced Peach 24 - 2.5 ounce servings
- Sliced Pear 24 - 2.5 ounce servings
- Fruit Variety Pack
24 - 2.5 oz. portions: 6 portions of mixed berries, pineapple, peaches & pear.

Puree Specialties

- Bowtie Pasta 24 - 4 ounce servings
- Homestyle Bread 24 - 3 ounce servings
- Cheese Pizza 24 - 3 ounce servings
- Macaroni and Cheese
24 - 4 ounce servings
- Marinara Spaghetti
24 - 4 ounce servings
- White Rice 24 - 4 ounce servings
- Pasta Variety Pack
24 portions: 8 each of Cheese Pizza, Macaroni & Cheese and Marinara Spaghetti.



Testing performed by Medtrition, Inc.;
aligns with IDDSI level **4** PUREED

Meets National Dysphagia Diet Standards.
Also appropriate for Mechanical Soft,
Chopped and Ground Diets.

The best tasting and most extensive line of shaped and formed purees available. • Our line of single serve puree products are designed to provide your facility maximum versatility, ease of use and reduced labor. Simply put, they are the easiest to prepare and serve. • Café Puree is the first puree product line designed to be microwaveable but they can also be prepared via conventional oven, steamer, or stove top and also work great in retherm systems.

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new shape of purees.™

Preparation Instructions

Microwave (from frozen): Using a 1,400 watt microwave, place puree portion inside microwave oven, film side up. Do not remove or puncture film. Cook on MEDIUM POWER SETTING until a minimum internal temperature of 165°F is reached (170-180°F for Mac & Cheese and Spaghetti & Meat Sauce). DO NOT OVERCOOK. After cooking, vent corner of tray and let portion stand for 3 to 5 minutes. Remove film completely from tray, fan sides of product to loosen, flip over and tap until product releases from tray.

Oven (from frozen): Place puree portion, film side up, on baking pan or tray. Do not remove or puncture film. Bake in preheated oven at 230°F until an internal temperature of 165° is reached. Approximately 30 to 35 minutes cooking time. DO NOT OVERCOOK. After cooking, vent corner of tray and let portion stand for 3 to 5 minutes. Remove film completely from tray, fan sides of product to loosen, flip over and tap until product releases from tray.

Steamer (from frozen or thawed): Place puree portion, film side up, in steamer pan, on baking pan or tray. Do not remove or puncture film. Bake in preheated oven until an internal temperature of 165°F is reached (170-180 °F for Mac & Cheese and Spaghetti & Meat Sauce). DO NOT OVERCOOK. After cooking,

vent corner of tray and let portion stand for 3 to 5 minutes. Remove film completely from tray, fan sides of product to loosen, flip over and tap until product releases from tray.

Stove Top (from frozen or thawed): Fill 1 inch of water into a flat pan or cooking vessel. Turn stove on medium heat and wait until water begins to simmer. Place puree portion film side up into the water. Do not remove or puncture film. Water should not cover top of portion. Cover cooking vessel with lid or foil. Simmer until an internal temperature of 165°F is reached (170-180°F for Mac & Cheese and Spaghetti & Meat Sauce). DO NOT OVERCOOK. After cooking, vent corner of tray and let portion stand for 3 to 5 minutes. Remove film completely from tray, fan sides of product to loosen, flip over and tap until product releases from tray.

Retherm: For quality and food safety purposes, products must be cooked to an internal temperature of at least 165°F (170°-180°F for Mac & Cheese and Spaghetti & Meat Sauce) prior to unmolding, plating and placing in retherm. Please follow your retherm manufacturers handling guidelines for optimal product performance.

(Detailed Preparation Instructions are provided in each case of product. The above instructions are for Meats, Vegetables and Breakfast items from frozen. For instructions from thawed, fruits and desserts and to view Training Video's for all oven types, please visit www.medtrition.com)

Nutritional Information		Portion grams	Calories	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbs	Dietary Fiber	Total Sugars	Added Sugars	Protein	Vit D	Iron	Phosphorous	Calcium	Potassium	
PUREE MEATS																			
20002	3oz Puree Roasted Turkey	85g	170	8g	1.5g	0g	45mg	230mg	5g	0g	0g	0g	21g	0mcg	1mg	120mg	30mg	230mg	
20003	3oz Puree Country Style Pork	85g	130	2.5g	1g	0g	35mg	250mg	6g	0g	0g	0g	21g	0mcg	0.8mg	130mg	10mg	190mg	
20004	3oz Puree Baked Ham	85g	180	7g	1.5g	0g	20mg	440mg	8g	0g	0g	0g	21g	0mcg	0.5mg	210mg	10mg	130mg	
20005	3oz Puree Herbed Fish Fillet	85g	230	16g	4.5g	0g	50mg	180mg	4g	0g	0g	0g	21g	1mcg	0.4mg	130mg	40mg	200mg	
20006	3oz Puree Savory Roast Beef	85g	160	6g	2.5g	0g	40mg	250mg	6g	0g	0g	0g	21g	0mcg	2mg	120mg	10mg	250mg	
20007	3oz Puree Southern Style Chicken	85g	150	5g	1.5g	0g	50mg	230mg	6g	0g	0g	0g	21g	0mcg	0.8mg	120mg	10mg	320mg	
20008	3oz Puree Beef Patty	85g	160	6g	2g	0g	38mg	295mg	5g	0g	0g	0g	21g	0mcg	1.7mg	130mg	20mg	200mg	
20019	24/3oz Variety Pack: 4 portions of Baked Ham, Country Style Pork, Herbed Fish Fillet, and Savory Roast Beef. 8 portions of Southern Style Chicken.																		
PUREE VEGETABLES																			
20022	3.2oz Puree Glazed Carrots	90g	130	6g	1g	0g	0mg	115mg	19g	2g	8g	5g	0g	0mcg	0mg	0mg	30mg	140mg	
20023	3.2oz Puree Country Style Green Beans	90g	120	6g	1g	0g	0mg	280mg	14g	2g	3g	1g	1g	0mcg	1mg	10mg	40mg	10mg	
20024	3.2oz Puree Corn on the Cob	90g	170	9g	1.5g	0g	0mg	180mg	24g	1g	9g	5g	2g	0mcg	0mg	60mg	6mg	190mg	
20025	3.2oz Puree Seasoned Peas	90g	160	8g	1g	0g	0mg	200mg	18g	3g	7g	4g	4g	0mcg	1mg	60mg	20mg	110mg	
20026	3.2oz Puree Garden Broccoli	90g	100	6g	1g	0g	0mg	210mg	12g	2g	2g	1g	2g	0mcg	1mg	50mg	40mg	230mg	
20029	3.2oz Puree Sweet Potato	90g	160	5g	1g	0g	0mg	90mg	28g	2g	12g	8g	1g	0mcg	0.6mg	20mg	30mg	170mg	
20039	24/3.2oz Variety Pack: 4 portions of Corn on the Cob, Garden Broccoli, Country Style Green Beans, Seasoned Peas. 8 portions of Glazed Carrots.																		
PUREE FRUITS																			
20043	2.5oz Puree Mixed Berries	70g	70	0g	0g	0g	0mg	30mg	19g	1g	17g	13g	0g	0mcg	0mg	9mg	13mg	95mg	
20044	2.5oz Puree Sliced Peach	70g	60	0g	0g	0g	0mg	20mg	15g	1g	14g	9g	1g	0mcg	0mg	11mg	6mg	127mg	
20045	2.5oz Puree Sliced Pear	70g	60	0g	0g	0g	0mg	25mg	17g	2g	13g	8g	0g	0mcg	0mg	6mg	11mg	104mg	
20046	2.5oz Puree Pineapple	70g	60	0g	0g	0g	0mg	15mg	16g	0g	13g	8g	0g	0mcg	0mg	0mg	10mg	19mg	
20059	24/2.5oz Variety Pack: 6 portions of Sliced Pear, Sliced Peach, Pineapple, Mixed Berries.																		
PUREE DESSERTS – Cafe Parfait®																			
20072	3oz Puree Apple Cobbler	85g	200	8g	4.5g	0g	10mg	65mg	22g	1g	15g	7g	10g	0mcg	0.3mg	3mg	20mg	260mg	
20076	3oz Puree Strawberry Shortcake	85g	150	3g	3g	0g	10mg	60mg	20g	2g	11g	8g	10g	0mcg	0.4mg	40mg	40mg	150mg	
PUREE BREAKFAST																			
20092	3oz Puree Scrambled Egg	85g	200	14g	3.5g	0g	70mg	290mg	9g	0g	4g	0g	9g	1mcg	0.4mg	99mg	91mg	140mg	
20093	3oz Puree Sausage Link	85g	190	10g	3.5g	0g	35mg	440mg	6g	0g	0g	0g	20g	0mcg	1mg	120mg	20mg	180mg	
20094	3oz Puree Bacon Strips	85g	290	18g	6g	0g	40mg	450mg	6g	0g	0g	0g	22g	0mcg	1mg	80mg	10mg	130mg	
20095	3oz Puree Maple Cinnamon French Toast	85g	170	7g	1.5g	0g	35mg	160mg	18g	1g	10g	9g	8g	0.6mcg	0.6mg	50mg	60mg	80mg	
20096	2.5oz Puree Waffle	70g	150	5g	1g	0g	5mg	200mg	19g	0g	11g	10g	6g	0.3mcg	0.3mg	70mg	50mg	60mg	
20098	2.5oz Puree Pancake	70g	130	5g	1.5g	0g	5mg	230mg	14g	0g	7g	6g	6g	0.5mcg	0.3mg	90mg	60mg	80mg	
	3oz Puree Corn Flakes	85g	140	4g	2g	0g	0mg	125mg	22g	0g	9g	8g	5g	0.3mcg	2.4mg	10mg	50mg	190mg	
	3oz Puree Raisin Bran	85g	150	3g	1.5g	0g	0mg	105mg	25g	2g	14g	9g	6g	0.5mcg	1.7mg	40mg	40mg	220mg	
20099	3oz Puree Egg and Cheese Omelet	85g	190	12g	2.5g	0g	65mg	310mg	11g	0g	3g	0g	8g	0.6mcg	0.3mg	70mg	90mg	180mg	
20109	Breakfast Variety Pack (24/ 3oz portions): 6 portions of Bacon Strips, Sausage Links. 12 portions of Scrambled Egg																		
20110	Breakfast Bread Variety Pack (24 portion): 6 portions of Waffle and Pancake. 6 portions of Maple Cinnamon French Toast, Homestyle Bread.																		
20108	Cold Cereal Variety Pack (24/ 3oz portions): 12 portions of Corn Flake, 12 portions of Raisin Bran																		
PUREE SPECIALTIES																			
20102	4oz Puree Marinara Spaghetti	112g	200	14g	2g	0g	0mg	350mg	13g	1g	6g	0g	6g	0mcg	2.2mg	10mg	30mg	320mg	
20111	3oz Puree Homestyle Bread	85g	140	6g	1.5g	0g	0mg	230mg	11g	0g	3g	1g	11g	0.5mcg	0.4mg	40mg	50mg	70mg	
20112	3oz Puree Cheese Pizza	85g	170	7g	1.5g	0g	10mg	320mg	12g	0g	3g	1g	14g	0.1mcg	0.3mg	30mg	40mg	70mg	
20113	4oz Puree Macaroni & Cheese	112g	210	8g	2g	0g	5mg	480mg	21g	0g	7g	7g	13g	0mcg	0.5mg	100mg	70mg	210mg	
20117	4oz Puree Bowtie Shaped Pasta	112g	170	8g	1.5g	0g	0mg	350mg	14g	0g	1g	0g	11g	0.2mcg	0.5mg	20mg	20mg	60mg	
20118	4oz Puree White Rice	112g	150	7g	1g	0g	0mg	280mg	13g	0g	1g	0g	10g	0.2mcg	0.1mg	20mg	20mg	50mg	
20129	Pasta Variety Pack (24 portions): 8 portions of Cheese Pizza, Macaroni & Cheese, Marinara Spaghetti.																		

Medtrition is a global supplier of medical food products that effectively address the most challenging conditions you and your patients deal with on a daily basis.

United States Patent 5,322,705

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cafe puree

Single Serve,
Shaped Purees.

The bold new