

DIETETICS:

» Academic Major

The goal of this major is to prepare students towards becoming a Dietetic Technician, Registered (DTR).

A Dietetic Technician, Registered works in a variety of work settings and are often in flexible roles that navigate between food service and clinical nutrition care. Earning the DTR credential allows students to take the next step to advance their career in dietetics and nutrition.

The Undergraduate Didactic Program in Dietetics (DPD) at CMU is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). Completion of this program will allow students to be eligible to apply to a graduate program towards the pathway of becoming a RDN (Registered Dietitian Nutritionist).

Students pursuing this major are encouraged to meet with a dietetics advisor to ensure they understand the educational pathway and for academic planning. This major is the first step to a Master's of Science in Nutrition and Dietetics (MSND).

Effective January 1, 2024, any person taking the registration examination for the RDN credential will need to have completed a Master's degree along with an accredited DPD.

SUGGESTED FIRST-YEAR COURSES

Fall Schedule:

- » NDS 370: Nutrition 3(3-0)
- » General Biology 3(2-2)
- » Join SAND - Student Academy of Nutrition and Dietetics (Shadow RD's in practice)

Spring Schedule:

- » NDS 160: Introduction to Food and Culinary Techniques 3(2-2)
- » CHM 120: Survey of Chemistry 4(4-0)
- » CHM 127: Introductory Chemistry Laboratory 1(0-2)
(Begin to set-up summer fieldwork with RD's in practice)

Summer Schedule:

- » Dietetics related work/volunteer experience

CAREER OPTIONS

Dietetic Technicians, Registered can work in: Acute Care Settings, Community & Public Health, Long-Term Care Facilities, or Retail doing any of the following:

- » Catering Manager
- » Clinical Dietetic Technician
- » Corporate Wellness Coach
- » Food Demonstrator
- » Food Prep Manager
- » Food Service Manager
- » Hospital Formula Room Manager
- » Nutrition Communications
- » Nutrition Education
- » School Nutrition Coordinator
- » Supermarket Nutritionist
- » WIC Nutritionist

* Some may require additional education.

BUREAU OF LABOR STATISTICS

Job Outlook:

Employment of dietetic technicians is projected to grow 16% from 2016 to 2026, faster than the average for all occupations. Growth will be driven by efforts to assist in the provision of food service and nutritional programs under the supervision of a dietitian.

REGISTERED STUDENT ORGANIZATION

Student Academy of Nutrition and Dietetics:

SAND is a registered student organization (RSO) at Central Michigan University. Our organization is not for dietetic majors alone! It is open to anyone interested in food and nutrition. Benefits of joining include:

- » Connect with other foods and nutrition students
- » Gain professional development through seminars, conferences and events
- » Experience first-hand what it's like to work in the field

For more information contact:

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For additional information about the Dietetics major, please contact:

Health Professions Student Service Center

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Or, visit our website at chp.cmich.edu

