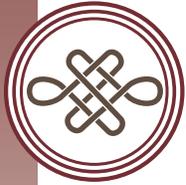


# Are you worried that you or someone you love might have an eating disorder?

Early detection and treatment offer the best chance at recovery.



## Center for Eating Disorders

Eating disorders— including anorexia nervosa, bulimia nervosa, binge eating disorder (BED), (avoidant/restrictive food intake disorder ARFID), and related disorders— are serious emotional and physical illnesses with one of the highest mortality rates of any mental condition.

Established in 1983, the **Center for Eating Disorders (CED)** is a non-profit treatment, professional training, and education facility. The only program of its kind in the state of Michigan, CED offers comprehensive, multi-disciplinary outpatient team treatment of eating disorders for children, teens and adults and their loved ones. Assessments and ongoing treatment are provided by our highly trained, experienced staff.



Services provided include comprehensive assessments; psychological treatment; dietitian consultation, meal-planning, and counseling; medical management; specialized treatment program for BED through our Bodywise Program™ and our Hungerwise Program™ for learning a non-diet approach to eating and activity.

CED is also proud to partner with St. Joseph Mercy Ann Arbor to offer partial hospitalization services for adults and adolescents through the Eating Disorder Recovery Program on the hospital campus. Email [info@center4ed.org](mailto:info@center4ed.org) for program information or call **734-712-5750** for admission.

## BODYWISE™

BED Recovery Program

[www.thebodywiseprogram.com](http://www.thebodywiseprogram.com)

BODYWISE™ is a treatment program designed specifically for recovery from binge eating disorder (BED). It is the only program of its kind, combining a variety of services to help people develop new patterns with food, and better ways to cope with the underlying issues that drive binge behavior.

BODYWISE™ provides the interventions needed to create lifelong healthy patterns of eating and movement

## HUNGERWISE™

9 Weeks to Ending Yo-Yo Dieting and Weight Cycling

[www.hungerwise.com](http://www.hungerwise.com)

The program includes: small, supportive and professionally led nine week groups, the HUNGERWISE™ 9 Step manual, and ongoing support following the group meetings.

HUNGERWISE™ is offered in conjunction with St. Joseph Mercy Behavioral Health.

You were born knowing how to eat; HUNGERWISE™ helps you remember what dieting made you forget

Visit our website at [center4ed.org](http://center4ed.org) or contact us at **(734) 668-8585** or [info@center4ed](mailto:info@center4ed) to schedule an initial consultation.